



Healing lives with our Signature touch.

North Kansas City Location

2900 Clay Edwards Drive
North Kansas City, MO 64116
816-691-5101

8 a.m. - 10 p.m.
7 days a week
Walk-ins welcome

Liberty Location

2525 Glenn Hendren Dr. #4E
Liberty, MO 64068
816-736-4900

Phone and Emergency Department
Assessments Only. No Walk-ins.

Liberty Outpatient Location

550 Rush Creek Parkway
Liberty, MO 64068
816-335-0101

8 a.m. - 4 p.m.
Monday - Friday
Walk-ins or Scheduled Outpatient Assessments

Receive a free assessment for any of
our locations by calling 816-691-5103.



sphkc.net

Accredited by: The Joint Commission

**Inpatient and Outpatient
Mental Healthcare**

For adults, senior adults and adolescents.



Do you or someone you love need help?

Are you experiencing or witnessing any or several of the following behaviors?

- Mood Swings
- Depression
- Bipolar
- Anxiety
- Thoughts or plans to harm self or others
- Trauma
- PTSD
- Substance Abuse
- Alcoholism

If you checked any boxes, our behavioral healthcare professionals strongly encourage you to schedule a **free assessment** at sphkc.net or by calling **816-691-5103**.

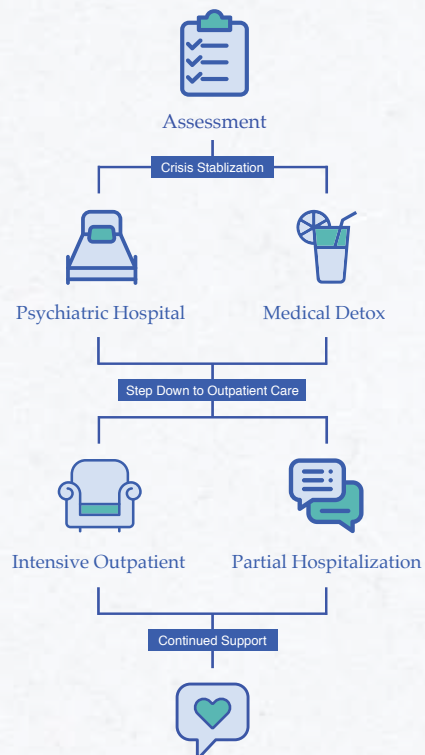
We meet people where they are and help them gain control of their lives. We realize we have an incredible responsibility in treating a person's most delicate, intricate, priceless piece of their being.

Their mind.

For that reason, mental health care is the only service we provide. We have made it our sole purpose so we can be the best in the business at creating life-changing experiences. By using the science and art of behavioral health care, 90 percent of our patients leave better.



Our Signature Continuum of Care



Adults & Seniors

Inpatient Psychiatric Hospital

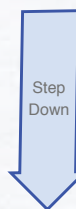
Psychiatric stabilization with focus on identifying crisis symptoms, stabilizing behaviors, identifying environmental supports and increasing coping skills.



Adults & Seniors

Medical Detox

Some patients need to begin treatment with medical detox. During this critical stage, clients work through withdrawal symptoms in a safe, supervised environment.



Outpatient

Outpatient psychiatric and dual diagnosis treatment (alcohol and substance use) is for patients who do not require hospitalization. Patients demonstrate reliable medication compliance, the ability to maintain home, work or school commitments.



Adults, Seniors & Adolescents

Intensive Outpatient

Half day or evening group therapy. Patients at this level of care are working toward successful management of their symptoms.



Adults & Seniors

Partial Hospital

Six full-days of group therapy and medication management. Patients ready for this program have reduced the crisis level in their lives and may utilize it as either a "step-down" following acute inpatient care or as the point of entry for treatment.

Our Services

Our continuum of care includes several unique programs – a geriatric program (Silver Lining), a trauma and addiction program for military members and first responders (Valor Recovery Program), an addiction treatment program (Changing Pointe) for adults and Transcranial Magnetic Stimulation (TMS), a treatment program for adults with major depression.

Outpatient Care

We provide medically based day and evening intensive outpatient programs for adolescents, adults and seniors with psychiatric and/or substance use disorders. Our Intensive Outpatient Program (IOP) bridges the gap between inpatient hospitalization and one-on-one behavioral health treatment. Care is provided in half day or evening group therapy and medication management sessions offered one day a week.

Our Partial Hospitalization Program (PHP) is for those needing more intensive outpatient care. It is offered six days a week. Patients appropriate for this level of care do not require acute hospital stay, but need a level of care more intensive than outpatient alone.

For more details, call **816-691-5103**.

“Thank you for making me feel comfortable and not judging me when I sought help through your partial hospitalization program (PHP). You helped me learn that I’m not weak for seeking help and that it took courage for me to reach out to you for help with my grief, loss and depression. I learned how to let go of the negative beliefs I’ve carried inside me for years.”

- Roxanne, PHP Patient

Our outpatient programs are held at the locations below. Please call **816-691-5103** for times, treatment focus (chemical dependency, dual diagnosis, geriatric and military/first responder) and admissions. Our outpatient programs serve ages 12 to 100.

- 2900 Clay Edwards Rd.,
North Kansas City, MO 64116
**Free assessments 8 a.m. - 10 p.m. seven days a week.*
- 305 N.W. Englewood Ct. #300
Gladstone, MO 64118
- 550 Rush Creek Parkway
Liberty, MO 64068
**Scheduled or walk-in assessments for outpatient services are available 8 a.m. - 4 p.m. at this location.*

Silver Lining

We proudly provide comprehensive diagnosis and specialized treatment for adults ages 65 and older who are experiencing emotional, cognitive, or behavioral symptoms. Symptoms may include memory loss, mood disturbances, anxiety, difficulty coping with losses and transitions, or behavioral conditions that interfere with care at home or in a long-term care setting.

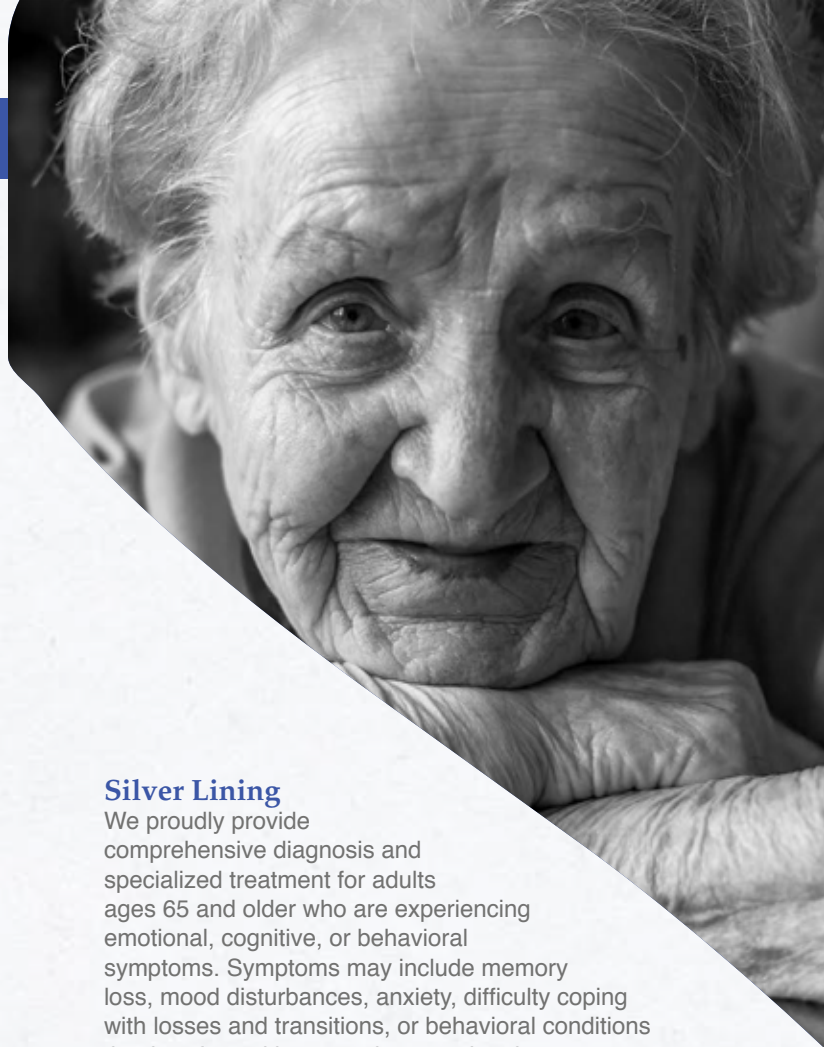
Our Silver Linings program provides physician led behavioral healthcare to the older adult population. Silver Linings is housed on a unit specifically designed to safely meet the needs of your loved one who may be experiencing behaviors associated with dementia.

The average length of stay is between 12 and 14 days. If you have a friend or patient who is hallucinating, delusional or paranoid, or misusing medications or alcohol, our program can help. Or, if your loved one is less acute, Our Silver Lining partial hospital program can help.

Call our assessment team at **816-691-5103**.

“It’s always my preference to send my senior residents to Signature because I’ve found their services far and away better than other psychiatric facilities. I like their attention to detail when it comes to discharge planning. They make sure to include everyone involved in the care of the patient is involved in the admission and discharge discussions, which is essential for a smooth transition and a quality experience for our residents.”

*- Lacie, Director of Nursing,
Skilled Nursing Facility*



Valor Recovery Program

Our Valor Recovery staff definitely speaks the language because the majority of the treatment team served in the Military or as a first responder. The Valor program helps patients process trauma. Our patients learn to control unhealthy behaviors and/or while maintaining sobriety. The self-sacrifice to keep others safe involves witnessing and experiencing events that are difficult to process. Valor is a safe place for individuals who struggle to face these fears without judgment. Our patients get better, documented by our two percent recidivism rate. Valor has helped more than 500 veterans and first responders in our 28-day inpatient program.

Contact [913-228-5973](tel:913-228-5973) for intake instructions.

Before Valor, I was totally by myself in this spiral of darkness. I was so lost. I lived to drink. Since treatment I know I'm never going to turn back to the way that I was before. I can look at that old person and say, "That's not where you have to be. There's a new chapter."

- First Lieutenant



**ASSESSMENTS
ARE 100% FREE.**

Schedule one for you or a loved one at sphkc.net or by calling 816-691-5103.

Changing Pointe Addiction Treatment Program

You can break out of a cycle of codependent and damaging behaviors often brought on by self-medicating your trauma with alcohol and chemical dependencies. Our evidence-based curriculum, Seeking Safety, provides you the tools and skills to defeat the addiction cycle, make healthier choices and take your life back.

Through our Changing Pointe Program, you will find a place of great emotional safety. By working hand in hand with our credentialed treatment team, you'll learn to finally let go of the trauma, alcohol addiction, and drug addiction that have held you in its grip.

Our continuum of care includes a medically supervised detox an Intensive Outpatient Program that may or may not include medication assisted treatment, aftercare and family services.

If a traumatic experience or chronic depression have you in an addictive cycle of behaviors that are harmful to your well-being, call 816-691-5103.

Transcranial Magnetic Stimulation (TMS)

For those with chronic depression, we offer Transcranial Magnetic Stimulation (TMS) -- an outpatient depression treatment cleared by the US Food and Drug Administration (FDA) for patients who have not benefited from prior antidepressant therapies.

TMS consists of five treatments per week over a 4-6 week period. Each treatment session lasts just 20 minutes. More than 50% experience an improvement in mood, while one out of three TMS patients, experience complete remission.

TMS therapy costs are covered by most insurance companies.

Contact our TMS outpatient clinic at [816-691-4120](tel:816-691-4120) with questions.

"You get to a place where you have nothing to lose. So I requested TMS treatment as a last resort. I found the treatment painful, but I'd do it again because it has changed my life.

I had forgotten what it was like to get up in the morning and be able to function. I no longer dwell on things. Instead I let problems roll off my shoulders."

- Karey, TMS Patient

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