

Intensive Outpatient Program (IOP)

IOP is an outpatient treatment program providing half day or evening group therapy and medication management affording many patients the flexibility to maintain their daily responsibilities. Patients at this level of care are working toward continuing improvement and successful management of their symptoms. Signature provides IOP for adults and adolescents.



Transcranial Magnetic Stimulation (TMS)

Signature offers TMS to its outpatient treatment options for depression. TMS uses magnetic fields to stimulate nerve cells in the brain and improve symptoms of depression.

This FDA-approved therapy is designed to help depressed individuals who have not achieved relief through pharmacotherapy return to their routine activities and feel like themselves again. During this 4-6 week treatment course, patients receive outpatient treatment Monday through Friday in the comfort of a physician's office.



LOCATIONS:

MAIN HOSPITAL Signature Psychiatric Hospital

at North Kansas City
2900 Clay Edwards Dr.
North Kansas City, MO 64116

Inpatient Hospital:
816-691-5101
Valor Recovery Program:
913-228-5973

OUTPATIENT LOCATIONS

Outpatient Phone Number
816-795-1445, Option 1

Missouri Locations

Gladstone

305 NW Englewood Ct., Suite 300
Kansas City, MO 64118

North Kansas City

2900 Clay Edwards Dr., Suite 100A
North Kansas City, MO 64116

Kansas Location

Overland Park

7501 College Blvd., Suite 250
Overland Park, KS 66210



BEHAVIORAL HEALTH TREATMENT INPATIENT & OUTPATIENT SERVICES



*Serving Adolescents,
Adults, Active Duty
Military and Dependents,
Veterans & First Responders*

Joint Commission Gold Seal of Approval

Signature Psychiatric Hospital – North Kansas City is private, free-standing psychiatric hospital providing crisis stabilization and inpatient care for adults, active duty military and dependents, first responders and veterans.

Outpatient treatment services are also provided to adults, adolescents, active duty military, first responders and veterans.



Signature is a premier provider of behavioral health services delivered with compassion for patients and their families. Signature has established itself as a leader in mental health and addiction treatment and maintains a reputation for providing a continuum of quality care.

SERVICES

Signature provides treatment for a wide range of mental health and substance use issues, including but not limited to:

- mood disorders (depression and bipolar)
- anxiety disorders
- individuals with thoughts or plans of harm to self or others
- trauma and PTSD
- dual diagnosis (psychiatric & substance use)
- medical detoxification and treatment for addiction to alcohol and other drugs

Crisis Stabilization and Inpatient Care

Signature's inpatient psychiatric care provides psychiatric stabilization with emphasis on identifying crisis symptoms, stabilizing behaviors, identifying environmental supports and increasing coping skills for each patient.

Once stabilized and prior to discharge, patients are evaluated to determine if additional treatment is required and may be referred to outpatient treatment. Weekly aftercare groups are also available at Signature at no cost.



Valor Recovery Program

The Valor Recovery Program (VRP) is designed to help active duty military, veterans, and first responders process trauma, manage stress that encompasses life changes, and control unhealthy behaviors of addictions while maintaining sobriety.

The self-sacrifice to keep others safe involves witnessing and experiencing events that are difficult to process. VRP is a safe place for individuals struggling to face these fears without judgement. Additionally, individuals are surrounded by others with similar experiences who can be a great support system throughout their journey.



Outpatient Treatment Services

Outpatient psychiatric and dual diagnosis treatment (psychiatric and substance use) is provided for patients who are experiencing moderately severe symptoms that do not require inpatient hospitalization.

Patients appropriate for these levels of care demonstrate reliable medication compliance, the ability to maintain home, work or school commitments and have support from their home and other social environments.



Partial Hospitalization Program (PHP)

PHP is an outpatient treatment program for adults, providing five full days of group therapy and medication management Monday through Friday. Patients appropriate for this level of care have reduced the crisis level in their lives and may utilize PHP as either a "step-down" following acute inpatient care or as the point of entry for treatment.



For additional admission information or to schedule an assessment at no cost, contact **816-691-5101** or visit **www.SPHKC.net**