

Intensive Outpatient Program (IOP)

IOP is an outpatient treatment program providing half day or evening group therapy and medication management affording many patients the flexibility to maintain their daily responsibilities. Patients at this level of care are working toward continuing improvement and successful management of their symptoms. Signature provides Intensive Outpatient treatment for adolescents, adults and senior adults.



Transcranial Magnetic Stimulation (TMS)

Signature offers TMS to its outpatient treatment options for depression. TMS uses magnetic fields to stimulate nerve cells in the brain and improve symptoms of depression.

This FDA-approved therapy is designed to help depressed individuals who have not achieved relief through pharmacotherapy return to their routine activities and feel like themselves again. During this 4-6 week treatment course, patients receive outpatient treatment Monday through Friday in the comfort of a physician's office. **TMS treatment is provided at Signature Psychiatric Hospital at our North Kansas City location. Call 816-691-5103 for more information.**



BEHAVIORAL HEALTH TREATMENT



Signature Psychiatric Hospital at Liberty

2525 Glenn Hendren Drive
4th Floor East
Liberty, MO 64068

For more information
or to schedule an assessment
at no cost call:

816-691-5103

Signature Psychiatric Hospital does not discriminate against any person on the basis of race, color, national origin, disability or age in admission, treatment or participation in its programs, services and activities, or in employment.

LICENSED BY: MO Department of Health and Senior Services | ACCREDITED BY: The Joint Commission

*Serving
Adults and Senior Adults*



CRISIS STABILIZATION • INPATIENT CARE
GERIATRIC PSYCHIATRIC • PARTIAL HOSPITALIZATION
INTENSIVE OUTPATIENT • DUAL DISORDERS

Signature Psychiatric Hospital at Liberty is a private, free-standing psychiatric hospital providing crisis stabilization and inpatient care for adults and senior adults.

Outpatient treatment services are also provided to adults and senior adults.



Signature is a premier provider of behavioral health services delivered with compassion for patients and their families. Signature has established itself as a leader in mental health and addiction treatment and maintains a reputation for providing a continuum of quality care.

SERVICES

Signature provides treatment for a wide range of mental health and substance use issues, including but not limited to:

- mood disorders (depression and bipolar)
- anxiety disorders
- individuals with thoughts or plans of harm to self or others
- trauma and PTSD
- dual diagnosis (psychiatric & substance use)
- medical detoxification and treatment for addiction to alcohol and other drugs

Crisis Stabilization and Inpatient Care

Signature's inpatient psychiatric care provides psychiatric stabilization with emphasis on identifying crisis symptoms, stabilizing behaviors, identifying environmental supports and increasing coping skills for each patient.

Once stabilized and prior to discharge, patients are evaluated to determine if additional treatment is required and may be referred to outpatient treatment.



Silver Lining Geriatric Care

Our **Silver Lining geriatric care program** provides inpatient and outpatient behavioral health treatment for older adults experiencing some of the following symptoms:

- severe depression
- severe anxiety interfering with daily life
- unresolved grief and loss
- mood disorders
- dementia with exacerbated symptoms
- other mental health or substance use issues



Outpatient Treatment Services

Outpatient psychiatric and dual diagnosis treatment (psychiatric and substance use) is provided for patients who are experiencing moderately severe symptoms that do not require inpatient hospitalization.

Patients appropriate for these levels of care demonstrate reliable medication compliance, the ability to maintain home, work or school commitments and have support from their home and other social environments.



Partial Hospitalization Program (PHP)

PHP is an outpatient treatment program for adults, providing five full days of group therapy and medication management Monday through Friday. Patients appropriate for this level of care have reduced the crisis level in their lives and may utilize PHP as either a "step-down" following acute inpatient care or as the point of entry for treatment.

Outpatient Treatment Services – Partial Hospitalization Program & Intensive Outpatient Program – are offered throughout the Kansas City Metropolitan Area.

For additional admission information or to schedule an assessment at no cost, contact **816-691-5103** or visit **www.SPHKC.net**